

Parente Ristorante



GF and GFO Gluten Free and Gluten Free Option

Please pay all accounts at counter – No separate billing and Max two credit cards per table

Parente Ristorante

Primo

(designed for sharing and tasting)

Antipasto Piatto per person	13.5	GF
<i>Traditional selection of cold meats, cheeses Marinated vegetables, and in house made delicacies</i>		
Piatto di Olive	7.9	GF
<i>Marinated Black olives and Green olives stuffed with feta cheese</i>		
Caprese Salad	8.9	GF
<i>(meaning "Salad of Capri") is a simple Italian salad, made of sliced fresh Bocconcinni , tomatoes and green basil, seasoned with salt, and olive oil.</i>		

Pane

(designed for sharing and tasting)

Garlic Bread	8.9
<i>Four slices of lightly toasted continental bread with garlic oil</i>	
Pane Con Olio	7.9
<i>Extra Virgin Olive oil and Balsamic vinegar with slices of fresh Ciabatta bread</i>	
Pane ed erbe (Herbal Bread)	9.9/ 13.9
<i>Parente's Freshly baked Pizza bread flavoured with fresh garlic, virgin olive oil and sprinkled with parmesan cheese</i>	
Pizza Bianca	14.5/22.5
<i>Slightly baked Pizza base marinated with cheese, garlic, sliced tomatoes, Bocconcini, cracked pepper, parmesan cheese & fresh basil</i>	
Prosciutto Schiacciata	17.5/ 24.5
<i>Freshly baked Pizza bread marinated with olive tapenade, sliced tomatoes, Bocconcini, prosciutto, cracked pepper, parmesan cheese & fresh basil</i>	

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Piccolo Piatto

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Arancini ai funghi	15.9	
<i>Four Mushroom risotto ball's filled with bocconcini in Napolitana sauce with rocket salad</i>		
Salt & Pepper Calamari	15.9	
<i>Four Pieces tenderized local Calamari served on marinated rocket</i>		
Italian Polpetta	15.9	
<i>Four traditional made meatballs, in a rich Napolitano sauce</i>		
Gamberi Con Pancetta	15.9	GF
<i>Four Prawns wrapped in pancetta and Grilled</i>		

Children Meals

<i>Penne Napolitano or Bolognese</i>	(GFO 3.50 extra)	15.5	
<i>Penne in butter</i>	(GFO 3.50 extra)	14.5	GFO
<i>Tortellini or ravioli</i>		\$3.70 extra	
<i>Chicken strips & chips</i>		15.5	GF

Insalata

Insalata di Europa	13.9	GF
<i>Mixed lettuce with tomato, onion, capsicum, olives and bocconcini dressed with balsamic and extra virgin olive oil</i>		
Insalata Pomodoro	11.9	GF
<i>Wedges of tomato with Spanish onion seasoned with extra virgin olive oil, sea salt, oregano and basil</i>		
Warm Chicken Salad	18.9	GFO
<i>Grilled tender sliced chicken breast mixed through, lettuce, tomato, onion, capsicum, finished with shaved parmesan and a mustard & vinaigrette dressing</i>		

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Mains

Saltimbocca	26.5	GFO
<i>Tender veal with lemon, butter, sage and prosciutto di parma with house cut potatoes and broccolini.</i>		
Cotoletta di pollo o vitello alla milanese	21.9	
<i>House crumbed veal or chicken served with house cut potatoes and mixed leaf salad.</i>		
Scaloppini Pancetta	28.5	GFO
<i>Veal slowly cooked in napolitana sauce topped with spinach, pancetta and bocconcini accompanied with house cut potatoes</i>		
Bistecca di manzo 250-300gm	29.9	GF
<i>Aged scotch fillet cooked to your liking served with mixed vegetables. Fresh brandy mushroom sauce extra \$6.50</i>		
Calamari Fritti	23.9	
<i>Served with mixed salad, roasted capsicum, Spanish onion Shaved parmesan and a honey mustard vinaigrette</i>		
Garlic Prawns	27.9	GF
<i>Pan-fried prawns cooked in a garlic white wine cream sauce served With rice and topped with rocket</i>		
Pesce del giorno	Market	
<i>Fresh fish designed daily (check specials).</i>		
Pollo melanzane	25.9	GFO
<i>Pan seared chicken breast with eggplant, roast capsicum, tomato Bocconcini severed with house cut potatoes</i>		

Sauces

Creamy Mushroom and Brandy Sauce	6.5	GF
Chilli Napolitano Sauce	3.9	GF
Parmigana Topping	3.9	

Contorni (Side Dishes)

Fries	6.9/9.9	GF
Mixed vegetables	9.9	GF
House cut potatoes	8.9	GF
Side Salad	7.9	GF

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Pasta

Fettuccini And Polpetta (meat balls) <i>Traditional house made meatballs, fresh origano And a rich tomato Napolitano sauce</i>	24.9
Linguini Granchio <i>Blue swimmer crab meat, garlic, spring onion fresh tomato and basil in a rose sauce</i>	27.9
Spaghetti Ai Marinara <i>Seafood slowly cooked in a garlic white wine and Napolitano sauce</i>	27.9
Fettuccini Fresca <i>Garlic, chilli, mushrooms, artichoke & olives in a Napoletana sauce topped with Grana Padano formaggio</i>	23.9
Penne Calabrese <i>Sliced continental sausage, garlic, chili, roast capsicum, eggplant, olives slowly cooked in a traditional Napolitana sauce.</i>	23.9
Penne alla Panna <i>A rich cream sauce made with ham and mushroom</i>	23.9
Lasagna Del Casa <i>Tradition homemade lasagna</i>	23.9

Gnocchi

Gnocchi al Ragu <i>Home-made gnocchi with Beef ragu and fresh Ricotta.</i>	26.9
Gnocchi Con Pancetta al olio <i>Pan-fried pancetta, onion baby spinach, spring onion fresh tomato, garlic and mushroom finished with white wine and olive oil.</i>	27.9

Risotto

Risotto Funghi <i>Porcini mushroom risotto with roasted field fungi, fresh baby spinach and parmigiano</i>	23.9	GF
Risotto Marinara <i>Arborio rice with selected slow cooked seafood, tomato and herbs</i>	27.9	GF
Risotto Pollo <i>Pan fried tender chicken pieces in garlic, mushroom, Spanish onion with a white wine rose cheese sauce</i>	24.9	GF

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Calzone

21.5

Sauce, cheese, pepperoni, mushrooms, onion, capsicums, and kalamata olives covered in a Bolognese sauce

Pizza

	9"	12"	15"
Prawn Sauce, cheese, large local Prawns, chopped tomato	17.5	25.5	30.5
Prosciutto Sauce, cheese, artichokes, olive oil, Freshly sliced Prosciutto	15.5	24.5	27.5
Napolitano Sauce, Cheese, marinated fresh tomatoes, anchovies	15.5	24.5	27.5
Margherita Marinated fresh tomatoes, sauce, cheese	14.5	20.5	23.5
Meat lovers Ham, pepperoni, Bacon, sauce, cheese	15.5	24.5	27.5
Garden Vegetarian Sauce, cheese, eggplant, roasted capsicums, artichokes, spinach	15.5	25.5	28.5
Capriccioso Sauce, cheese, fresh tomatoes, bocconcini, chilli, kalamata olives, basil leaves	15.5	24.5	27.5
Con Pollo Sauce, cheese, roast chicken, kalamata olives, cracked pepper, Freshly sliced pancetta, basil leaves	17.5	24.5	30.5
Fetta Special Sauce, cheese, fresh tomatoes, pepperoni, chilli, kalamata, olives, basil leaves, olive oil and fetta cheese	15.5	24.5	27.5
The Lot Sauce, cheese, pepperoni, ham, fresh mushrooms, capsicum, kalamata olives, onion, pineapple, anchovies	15.5	24.5	27.5

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Pizza

	9"	12"	15"
Seafood <i>Sauce, Cheese, Calamari, Anchovies, King Prawns, Oysters</i>	18.5	29.5	36.5
American: <i>Sauce, Cheese, Leg Ham, Pepperoni, Hot Chilli</i>	15.5	24.5	27.5
Daniella Special <i>Sauce, Cheese, Pepperoni, Shoulder Ham, Pineapple, Onions, Kalamata Olives</i>	15.5	24.5	27.5
Vegetarian <i>Sauce, Cheese, Onion, Mushrooms, Olives, Capsicum, Pineapple, Herbs</i>	15.5	24.5	27.5
Parente's Special <i>Sauce, cheese, pepperoni, ham, fresh mushrooms, capsicum, kalamata olives</i>	15.5	24.5	27.5
BBQ Chicken <i>Sauce, cheese, Chicken pieces, pineapple, bbq sauce</i>	15.5	24.5	27.5
Bacon Delight <i>Sauce, Cheese, Onion, Pineapple, Bacon</i>	15.5	24.5	27.5
Ham & pineapple <i>Ham, pineapple, sauce, cheese</i>	14.5	24.0	26.0